3C Counseling LLC

 Colby C. Esposito MA, ALC

 Under the Supervision of

 David R. Stephens LPC-S, NCC

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**ALABAMA RECOVERY RESOURCES**

**In Person & Virtual Group Meetings**

**Alcoholics Anonymous (**Saturday & Sunday Meetings available check online) [www.aahuntsvilleal.com/meetings](http://www.aahuntsvilleal.com/meetings)

**Mondays** 8AM. Fellowship 12-Step Closed Group. 3322 South Memorial Parkway, Building 500, Suite 508 Huntsville, AL 35801 (Multiple Meetings at this location at different times in the week)

**Tuesdays** 5:30PM Southside Group. Closed Meeting. Faith Presbyterian Church Room 209 5003 Whitesburg Dr. Huntsville, AL 35802

**Wednesdays** 7-7:30 am. Meditation/Open Meeting. 1407 Memorial Pkwy NW, Ste 9 Huntsville, AL 35801 (Multiple Meetings at this location at different times in the week)

**Thursdays** 6:30PM. 431 Group. Cove Methodist Church 366 Old Hwy 431 Owens Cross Roads, AL 35763

**Fridays** 7AM. Triangle in the Circle Off the Square Group. First United Methodist Church, 303 Randolph Ave SE Huntsville, AL 35801

**AL-ANON Meetings** [www.alnwfl-al-anon.org/district-13/](http://www.alnwfl-al-anon.org/district-13/)

**Mondays** 12:15PM Southside AFG. 1205 Rue Vieux Carre SE Huntsville AL 35802 – Closed Discussion

**Mondays** 6PM Harvest AFG - Good Shepherd Methodist Church 1418 Old Railroad Bed Rd. Madison, AL 35757

**Saturdays** 10:30PM Easy Does It AFG –Closed Discussion Meeting- Westminster Presbyterian Church 801 Jackson St. S.E. Decatur, AL

**Sundays** 7PM Cullman Serenity AFG – 1519 St. Joseph Street, Cullman.

**Narcotics Anonymous** <https://www.narcotics.com/na-meetings/alabama/huntsville/>

**AIR Group** – Kennamer Center 2306 Governers Drive Huntsville, AL 35805 – Multiple Daily/Weekly Meetings

**Sundays/Thursdays 8PM / Saturdays 7:30PM** - That Other Meeting Group (TOM) – ZOOM/VIRTUAL – Zoom ID Link: 477-796-5371 – Madison United Methodist Church 127 Church St, Madison AL 35758

**Thursdays** 6:15PM - New Way of Life Group - 600 Saint Clair Ave Building 3 Huntsville, AL 35801

**Overeaters Anonymous** [www.OA.org](http://www.OA.org)

**Mondays & Fridays 6PM** – Hybrid Meeting (In Person & Phone-In) – Trinity Presbyterian Church – 4315 Holmes Ave NW, Huntsville AL 35816. Meeting Ph#: 712-832-8330 Pin#: 372 pause 2324# - Please follow prompt to announce yourself. Please Mute when not reading/sharing. For More info please call Chris J 256-541-1161 for Monday & Jana 256-652-4882 For Friday.

**Mondays 9:30AM** – Grace Episcopal Church – 305 Arnold St. Cullman, AL 35055 – In Person – Please Call Darlene 256-352-1143 for more information.

**Sex Addicts Anonymous** <https://saa-recovery.org/meetings/> (Many phone/zoom meetings available daily/hourly)

**Wednesdays 11:30AM - For Women Only Group - FWO** – Step/Tradition/Topic Meeting – Please contact Cheri C 256-542-1130 or transcripmom@yahoo.com & Elizabeth 256-710-4293 for more info on meeting location, times, and dates.

**Wednesdays 12PM** – Mixed Meeting – Suite C 321 C 2nd Ave Decatur, AL 35601 – Please Contact Ottis S. 256-445-2006 For more Information on meeting time and location.

**Sexaholics Anonymous** [www.sa.org/meetings/](http://www.sa.org/meetings/)

**Mondays –** For more information please call Hill R. at 256-653-5306

**Wednesdays & Thursdays 7PM** – 120 Greene St. SE Huntsville, AL 35801 – Randolph/Green St. Intersection in Basement near the Wooden Cross. For More information please call 256-808-5500 or 256-334-0280.

**Celebrate Recovery** (Christian Group for all addictions) <https://www.celebraterecovery.com/>

**Sundays 5PM** -Rescue United Methodist Church 3060 Rescue Rd. Union Grove, AL 35175 Please contact Jarod Andrews 256-738-2368 for more information

**Mondays 6PM** – Essential CR 801 Beirne Ave NE. Huntsville, AL 35801 Please contact Curt Lindsley 256-529-9037 for more information.

**Mondays 6:30PM** – Asbury United Methodist Church – 980 Hughes Rd, Madison 35758 Please Contact Tommy Beatty 256-837-0365 for more information.

**Tuesdays 6:30PM** – Life Point Church CR – 250 Johnston St. Decatur, AL 35601 Please Contact Richard Cobb 256-351-1646 for more information.

**Wednesdays 6:30PM** – Asbury Church Harvest – 8089 Wall Triana Hwy. Harvest, AL 35749 Please contact Greg Letson 256-837-0365 for more information.

**Thursdays 6PM** – The Rock Family Worship Center – 3401 Homes Ave NW Huntsville, AL 35816 Please Contact Alicia Gale 256-533-9292 for more information.

\*\*\*This is not an exhaustive list of all the self-help and support group in the area but it is a starting point for which you can begin your own research into group for additional support\*\*\*